

MAY 2023

# Student Services Newsletter

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*“Work hard in silence.  
Let your success be your  
noise”*

*-Frank Ocean-*

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At any point students are welcome to book a time to meet with their teachers or Student Services to go through material for tests, help with planning and studying tips. We are all more than happy to help!

## Study Tips

1. Select a consistent place to study free of distractions.
2. Time Management: Don't wait until the last minute.
3. Be Organized: Make study cards and a study guide.
4. Ask for help if you are struggling.
5. Make academics a focus in your life.

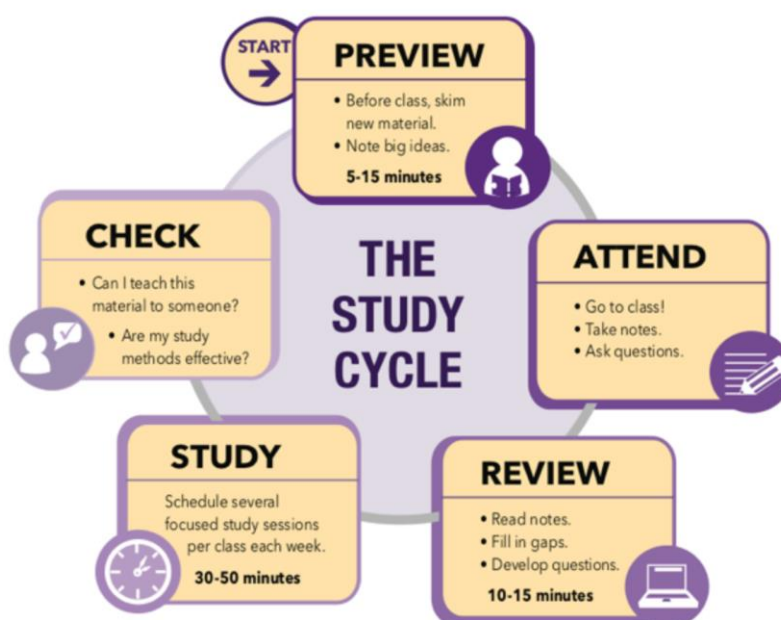


Figure 1. The Study Cycle, a model for optimal college studying. Adapted from [Frank Christ's PLRS system](#) (copyright Louisiana State University, Center for Academic Success).